

# GIRL CHILD HEALTH AWARENESS & SCREENING CAMP

January, 22nd to 24th, 2024



Students screened: 247

Students attended awareness sessions: 320

Age category: 14 - 15 years

Hygiene kit distributed: 100



**SONA** MEDICAL COLLEGE OF  
NATUROPATHY & YOGA

*Adding Technology & Value to Natural Health Care*

Sona Medical College of Naturopathy & Yoga in association with Dr. Sandhiya Health Foundation & Gokulam Hospital, Salem organized 'GIRL CHILD HEALTH AWARENESS & SCREENING CAMP' for girl children between age group of 8 years to 21 years.



On 22nd Jan 2024 we have screened 161 students from 2 Government Girls Higher secondary schools at Vembidithalam & Aattayampatti.

# HYGIENE KIT DISTRIBUTION.

The screening camp had begun with prayer song Tamilthai valththu and Inauguration ceremony led by Dr.Naresh Kumar. The hygiene kit were distributed to students and Dr.Soumya had explained about using the kit in detail. The awareness talk about menstrual & basic health hygiene and also adapting healthy lifestyle were given by Dr.Sowbarnika. We had screened about 86 students from class 9 th

. Most of the students had suffered refractive error, poor hygiene issues. Out of screened 86 students, we have scrutinized 30 students who need further medical intervention. Around 100 hygiene kits were distributed on the program.

Dr.Sowbarnika had a interactive session with kids about Menstrual hygiene, Basic hygiene, healthy eating, dental hygiene etc. Dr.Soumya explained about how to use the hygiene kit and get benefit by using the kit.



## AWARENESS ON MENSTRUAL HYGIENE, BASIC HYGIENE, HEALTHY EATING, DENTAL HYGIENE

Mr.Prithvi, Mrs.Ranjani Prithvi & Mr.Ashok, from Dr.Sandhya Health foundation, Dr.Chandrakala, Dr.Naresh, and Dr.Ashokan from SMCNY, and Mrs.Senthamarai School Head Master participated in the inauguration program. The program preceded with 'Tamil Thai Vazthu' followed by welcome address by Dr.Naresh Kumar, and hygiene kit distribution to the kids.

# SONA MEDICAL COLLEGE OF NATUROPATHY & YOGA

Adding Technology & Value to Natural Health Care

**SRI GOKULAM HOSPITAL**  
EXCELLENCE IN HEALTHCARE



DR SANDHYA  
HEALTH FOUNDATION





**Screening team:**

1. Dr.Sarojini,
2. Dr.Sowbarnika,
3. Dr.Bhuvana,
4. Dr.Soumya,
5. Dr.Dharmasamvardhini,
6. Dr.Bhavitha,

**Hygiene Kit items:**

1. Triphala herbal powder (50 grams)
2. Fomentation bag (500 ml)
3. Eye wash cup
4. Dental kit (Paste, Brush, Tongue scrapper)

2 Doctors & 3 staffs from Gokulam hospitals.  
22 Students volunteers.

**Dr.Naresh Kumar**  
**Dr.Chandrakala, Principal**